A concussion is a mild brain injury. In most cases symptoms of a concussion will improve and eventually resolve in 1-2 weeks. However, for about 10% of people, symptoms that interfere with academics persist. If you continue to have symptoms after this time, or if symptoms interfere with your coursework, make an appointment to see your health care provider.

301-405-4218
HespClinic@umd.edu
www.hespclinic.umd.edu

0100 LeFrak Hall
University of Maryland
College Park, MD 20742
Even if you have a mild concussion, your brain needs time to recover properly.

AFTER A CONCUSSION
Concussions and the associated symptoms can impact your ability to think and manage class demands. Trying to do too much or too little could make your symptoms worse. At the same time, missing coursework could be detrimental to your GPA.

IF YOU ARE CONCERNED ABOUT YOUR ACADEMIC PERFORMANCE
It is important to be proactive about your coursework and communicate with your professors. Students at the University of Maryland have the option of seeking temporary accommodations for temporary medical conditions. To qualify, you must have documentation to support your diagnosis.

AT THE HEARING AND SPEECH CLINIC
We will work with you to navigate this challenging situation. We draw from the latest evidence and experiences of others in similar situations to find the unique set of accommodations and compensatory strategies that will help you succeed.

The Hearing and Speech Clinic will:
1. Develop a profile of your cognitive-linguistic strengths and weaknesses
2. Provide written recommendations for short-term accommodations to be given to the Counseling Center and professors
3. Teach individualized compensatory strategies that will help you complete your coursework
4. Assist in reduction of accommodations with return to prior level of performance

1 to 2 Weeks
IS THE TYPICAL RECOVERY TIME FOR MOST CONCUSSIONS

~10%
OF STUDENTS WHO’VE HAD A CONCUSSION HAVE PERSISTANT SYMPTOMS THAT INTERFERE WITH COURSE WORK

GPA
IS REPORTED BY THOSE WHO HAVE HAD RECENT CONCUSSIONS AND/OR TWO OR MORE CONCUSSIONS